





University of Arkansas, United States Department of Agriculture, and County Governments Cooperating

# The Spending Game for Youth

### Purpose

Spending money means making choices. There is never enough money for all the things we'd like. This game will help you decide what is more important to you.

#### How to Play Round #1:

Today, each of you has a "20 token" allowance. Go through all the choices in "The Spending Game." Make one choice in each area and fill the box or boxes with a token or tokens. Instead of tokens, you can use a pencil to mark up to 20 tokens.

### Example

You choose to spend part of your allowance on snacks and drinks. You usually buy candy, gum or a soft drink from convenience stores or vending machines. Under the snack category, you would put tokens or marks in the boxes by this choice.

### **Snacks and Drinks**

- a. Fix snacks at home
- b. Convenience stores, vending machine
- c. Fast food restaurant

### **Discussion Questions**

Compare your spending choices to those of other players. What did you spend your money on? How do your values, goals and past experiences affect spending choices? What did you learn about yourself from this activity?

### Round #2:

Your allowance has now been cut to 12 tokens. Decide what you are willing to give up or change in order to cut the eight tokens. If you are using marks, complete 12 boxes with "X".

| Recreation  | Snacks<br>and Drinks  |
|---|---|
| a. Spend time with friends<br>or family at home, playing<br>board games, hiking, going<br>to a park or other no-cost<br>activity  | a. Fix snacks at home<br>b. Purchase at Convenience<br>stores or vending<br>machines<br>c. Purchase fast food   |
| b. Skate, bowl, swim,<br>fish   | d. Order food<br>from delivery<br>services  |
| c. Download movie<br>or game<br>d. Attend movie<br>at theater<br>with snack   | f. Go to sit down restaurant  |
| e. Purchase video game or game<br>currency  | Sports &         Hobbies         a. Borrow equipment or supplies  |
| f. Escape<br>room,<br>jump park,<br>laser tag   | <ul> <li>b. Buy used equipment of supplies</li> <li>b. Buy used equipment</li> <li>or supplies</li> <li>c. Buy new</li> <li>equipment</li> <li>or supplies</li> <li></li> </ul>     |
| Savings   | d. Private lessons  |
| a. Save change in a<br>piggy bank<br>b. Regular deposits in<br>a savings account  | Use the local library to borrow<br>books, download audiobooks,<br>ebooks, magazines, movies,<br>TV shows, graphic novels, and<br>music; attend library events, use<br>library WIFI. |
| c. Regular<br>purchase of<br>savings bond<br>Savings bonds earn interest.<br>Interest is money paid back to<br>the saver for investing their<br>savings in a company, govern-<br>ment, or other organization. | <ul> <li>a. Listen to free streaming with ads</li> <li>b. Purchase streaming (music, tv/movies, games) without ads</li> <li>c. Buy records</li></ul>                                |
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| Clothing   | Hobbies,<br>Collecting,<br>Books<br>and Games  | Gifts & Giving   |
|--|--|--|
| <ul> <li>a. Mix and match current clothes. Alter, mend, or adorn existing clothes</li> <li>b. Purchase at garage sales or trift store</li> <li>c. Purchase at discount store</li> <li>d. Purchase at department store</li> <li>e. Purchase at specialty shop or purchase exlusive brands</li> <li>f. Purchase subscription service for clothing</li> </ul> | <ul> <li>a. Borrow or trade, use supplies on hand</li> <li>b. Buy used or at a discount store</li> <li>c. Buy new at a specialty store</li> <li>Phone</li> <li>a. Use parent's/guardian's phone</li> <li>b. Buy basic phone and basic plan with limited minutes</li> <li>c. Buy latest phone data</li> </ul> | a. Make your own or give gifts<br>of your time and skills         b. Give cards         b. Give small gifts on<br>special occasions<br>like Mother's Day,<br>birthdays, etc.         c. Expensive gifts<br>for everybody<br>on holidays,<br>birthdays, and<br>other occasions         More Choices         You may select more<br>than one.         a. Magazine subscription         b. Dance, fitness or<br>music lessons         c. Tickets to<br>concert or<br>sports event         Give money to a charity<br>or non-profit organization.         d. Small, occasional<br>donation         e. Regular weekly<br>donation         f. Large donation |

## **Needs and Wants**

Is it something you need or something you want?

**Needs**—Needs are basic or necessary to survival. These are things that if not met may harm health, safety or wellbeing. Needs are usually few, but costly.

**Wants**—Wants are things that make our lives more comfortable and enjoyable. Wants provide lifestyle. Wants are limitless.

For example, we need food, clothing, shelter, and physical and emotional care. We need water, we want soft drinks. We need shoes; we want the latest style or several pairs of shoes. There are lots of choices in between.

Usually, we have fewer needs than wants. However, the things we need such as a place to live and food can cost a lot. Wants are limitless.

A good spending plan pays for needs before paying for wants.

The Cooperative Extension Service provides trusted information to improve your quality of life. Contact your County Extension Office to learn more about:

- Health & Wellness
- Food & Nutrition
- Financial Management
- Family Life
- Personal Development

www.uaex.uada.edu





4-H is the youth development program of the Cooperative Extension Service. Contact your County Extension Office to find a club near you. Join the fun!



Reference: The Allowance Game, Iowa State University Extension. Contributors: Thank you to the FCS Agents and other Extension professionals who served as reviewers and provided suggestions for edits.

#### Author: Laura Hendrix, Ph.D., Professor, Accredited Financial Counselor®

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